



September 2021

1. As per decision made in August 2021 to open a current account of Nirmal Sehyog, Chairperson Dr. Savita Verma, Secretary Mrs. Poonam Srivastava, and Treasurer Ms. Kusum Kanta visited the Madan Mahal branch of Union Bank to fulfill the formalities and complete the process. Dr. Amitabh Verma and Mr. Ajay Yadav actively participated to support the process.
2. The month of September is celebrated as Nutrition Month in all Anganwadis across India | Members of the NGO went to two Anganwadis of Indra Basti and gave 200gm grams, 100gm peanuts, and 200gm jaggery to each malnourished child as supplementary nutrition. In order to continue this initiative, further information about severely malnourished children was also taken from the Anganwaadi management.



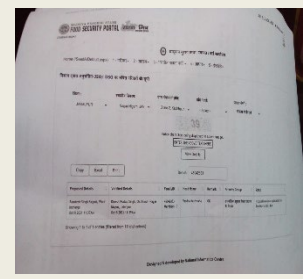
3. Based on information received about extremely malnourished children, NGO visited the concerned Anganwaadi and met four children whose weight was less than the standard weight of their respective ages. Members and benefactors of the NGO were contacted to make arrangements to sponsor those children. Mrs. Jyoti Gaur and Ms. Kusum Kanta agreed to provide supplementary nutrition to one child each, for six months. Mrs. Poonam Shrivastava sponsored the remaining two children. Mrs. Meena Yadav sponsored two extremely malnourished children from another Anganwaadi in Chaowdhary Mohalla, Rampur. One aged four year old boy, weighing only 11kg, and another boy Yash Bairagi, aged five years, weighing 12kg. NGO will monitor the children's improvement in health by measuring their weights regularly.



4. NGO received 1000 sanitary napkins in the form of donations from Delhi through Ms. Neeti Bhardwaj which were arranged in small packets to distribute in an orderly manner. It was planned that Dr. Savita Verma and Prof. Madhuka Lalloriya will visit adolescent girls studying in schools in slum areas of Jabalpur to distribute the sanitary napkins. They will also conduct a workshop to create awareness about sexual hygiene and train them on cleanliness.



5. Mamta Ben, who is in financial crisis after the death of her husband due to COVID-19, has been provided one month's ration by the NGO. Also, ten notebooks each, were provided to support the education of her two children studying in class VII and class IV. Gayatri Rajak, a widow from Polypathar, was also provided with ten notebooks to help her daughter continue her studies.
6. Prof. Madhuka Lalloriya visited the Government School in Pachpedi to identify students who require support in continuing their education. Three students from extremely poor backgrounds, two girls from class IX and one boy from class X were selected to whom NGO will provide assistance in paying their examination fee.
7. A meeting of the founding members of Nirmal Sehyog was held at the residence of Chairperson Dr. Savita Verma. September 26th was chosen for the annual general meeting of the office bearers. In the meeting, Mr. Thackeray was introduced to the members present and was briefed about the activities carried out so far by the NGO.



8. In collaboration with Principal Manjula Sharma, Asha Martin and other teachers of the Government High School in Pachpedi, a programme on menstrual health awareness was held with the girls of class X and class IX in which an interactive session on menstruation was taken and cleanliness precautions and health related information were provided. It came to everyone's notice that none of the students knew their haemoglobin levels. Girls were briefed about it's importance and it was decided that NGO will help the school in the future in this regard. Forty girls were given a packet of 10 pads each. On the basis of the information received from the school, a total amount of Rs.6100/- was paid as fees for towards continuing the education of four very poor students. A dignified and successful programme was carried out by the NGO. Dr. Savita Verma expressed her gratitude to the Principal of the school and other teachers for allowing the NGO to conduct the workshop while appreciating the efforts and cooperation of the school management.

10. A plan to motivate women towards self-reliance by opening a skill development centre involving sewing, weaving, and cooking in the near future was discussed.



11. The annual general meeting of Nirmal Sehyog was organized on the 26th of September 2021. All members of the NGO were present at the Annual Meeting. Highlights of the meeting are:



- Chairperson, Dr. Savita Verma, welcomed all the founding members and functionaries.
- A detailed report on the activities and programmes undertaken so far was submitted by the Secretary, Mrs. Poonam Srivastava.
- Treasurer, Ms. Kusum Kanta Khess submitted a detailed statement of the monetary support received so far through membership and donations and the expenditure incurred on various activities in favour of which, all the member office bearers stood.
- Subsequently, new functionaries were elected by the members of the NGO. All posts elected earlier in the executive committee were withheld as same office bearers were unanimously elected for the next term. All of them will continue to work in their posts till the next term.
- It was unanimously decided that the membership amount and rules will remain unchanged.
- Further methodology has been discussed for the upcoming year.
- Finally, Vice-President Adv. Arvind Srivastava expressed his gratitude and gratitude to all the members and office bearers present at the AGM.



9. Vandana Kachhwaha, who lost her husband during the second wave of COVID-19, contacted Nirmal Sehyog to describe her crisis situation. NGO helped in filling an application Ration Card for food security in Samagra Social Security Mission's Portal. Her application was successfully submitted and accepted by the office. Mrs. Poonam Shrivastava personally provided her ration to suffice for a month to support her livelihood.



Patron members of the NGO, Mrs. Nirmal Saxena (left) and Ms. Shahi (right) were honoured at the AGM.
